



# Philadelphia Buddhist Association

# NEWSLETTER

www.PhilaBuddhist.org

March, 2018

## SCHEDULE OF PROGRAMS AND EVENTS

MARCH					APRIL								
		1	2	3	<b>P</b>	2	3	<b>R</b>	5	6	7		
<b>P</b>	5	6	<b>R</b>	8	9	<b>S</b>	<b>L</b>	9	10	<b>R</b>	12	13	<b>S</b>
<b>L</b>	12	13	<b>R</b>	15	16	17	<b>P</b>	16	17	<b>R</b>	19	20	21
<b>P</b>	19	20	<b>R</b>	22	23	24	<b>P</b>	23	24	<b>D</b>	26	27	28
<b>P</b>	26	27	<b>D</b>	29	30	31	<b>P</b>	30					

  

MAY					JUNE								
		1	<b>R</b>	3	4	5			1	2			
<b>P</b>	7	8	<b>R</b>	10	11	<b>S</b>	<b>P</b>	4	5	<b>R</b>	7	8	<b>S</b>
<b>P</b>	14	15	<b>R</b>	17	18	19	<b>L</b>	11	12	<b>R</b>	14	15	16
<b>L</b>	21	22	<b>D</b>	24	25	26	<b>P</b>	18	19	<b>R</b>	21	22	23
<b>P</b>	28	29	<b>R</b>	31			<b>P</b>	25	26	<b>D</b>	28	29	30

- L** Buddhism Lecture and Discussion Series at Plymouth Meeting Friends 7:30pm to 9:00pm
- P** Sitting meditation at Plymouth Meeting Friends 7:30pm to 9:00pm
- R** Sitting meditation at Radnor Friends 7:30pm to 9:00pm
- D** Open Discussion group about meditation and other Buddhist topics at Radnor Friends 7:30pm to 9:00pm
- S** Sutra Study at Radnor Friends 10am to 12pm. Sitting meditation from 9:30am to 9:50. See p. 4 for details

## BUDDHISM LECTURE AND DISCUSSION SERIES

March 11	<i>Yoga for Beginners: An Introduction into Yoga and Meditation Practices developed by the Isha Foundation</i> Curtis Key
April 8	<i>Taking the Precepts: A Zen Perspective</i> Bob Koller
May 20	<i>The Buddhist Concept of No Self</i> Pat Abrahams (Note this is the 3rd Sunday in May)
June 10	<i>The Middle Way: Navigating Failure in Life</i> Robin Carr

### Join Us for Monthly Sutra Study 2nd Saturday of the Month

The Sutras are threads (the literal meaning of the word 'sutra') of the Buddha's teachings that were recorded and authenticated by his 500 disciples after his final Nirvana. In Sutra Study, we read the words of the Buddha, the enlightened one, and apply his teachings to the circumstances of our lives. We read a sutra, sit with the words and examine them ourselves. This is the most direct and intimate way to learn about Buddhism, rather than going through the interpretations of second-hand sources.

We meet in the morning of the second Saturday of every month. We practice sitting meditation for 20 minutes, from 9:30 AM to 9:50 AM, and start the Sutra Study from 10 AM to 12 PM. A link to the monthly reading will be posted below and on our website. We encourage attendees to come prepared to share their understandings, realizations and/or questions of the assigned sutra passage and how it applies to their daily practices and lives.

See page 4 for Sutra study schedule.

### Dana

Buddhist tradition provides a way of cultivating the quality of generosity: the tradition of dana, which encourages contributions of material goods to the support of monks and teachers. In its modern version, it takes the form of financial contributions to support Buddhist organizations like the Philadelphia Buddhist Association.

As a 501(c)(3) corporation, your generous donations are **entirely tax deductible**, and a Thank-you letter which serves as a receipt will be sent out in January, 2018, before you file your tax return. Donations can now be made by PayPal or credit card on our website [www.philabuddhist.org](http://www.philabuddhist.org).

**ALL ARE WELCOME TO ATTEND ANY OF OUR PROGRAMS OR EVENTS AT NO CHARGE**

# Local Buddhist Centers and Groups

The following are some of the places in the Philadelphia region where regular Buddhist meditation practice is followed.

## Pennsylvania

- Buddhist Sangha of Bucks County  
Yardley 215-431-0882  
email: bsbc19067@yahoo.com
- Clear Light Meditation Group  
Devon 610-293-9133
- Dungkar Ling (Tibetan)  
Honeybrook 610-942-2512
- Media Meditation Group  
(Shambhala)  
Media 610-566-2525
- Peaceful City Sangha (Community  
of Mindful Living)  
Center City 215-852-4375
- Philadelphia Meditation Center  
(Non-Sectarian)  
Havertown 610-853-8200
- Philadelphia Soka Gakkai  
International-USA  
Center City Philadelphia  
215-569-2144
- Rainbow LGBTQ Buddhist  
Meditation Group  
Center City Philadelphia  
215-732-2220
- Shambhala Center (Shambhala)  
Center City Philadelphia  
215-568-6070
- Shikan (Stop & Observe) Zendo  
Center City, Philadelphia, PA  
Monthly One-Day Silent Retreat  
Email: juliannalipschutz@gmail.com
- Soji Zen Center  
Lansdowne 917-856-5659
- Springboard Meditation Sangha  
W. Mt. Airy, Philadelphia, 19119  
info@springboardmeditationsang-  
ha.org
- Tibetan Buddhist Center  
of Philadelphia  
954-956 N Marshal St  
www.tibetanbuddhist.org
- Willow Branch Sangha  
West Chester 610-388-1257
- Won Buddhism Temple  
of Philadelphia  
Glenside 215-884-8443
- Zen Center of Philadelphia  
West Philadelphia 215-472-2613

- Zen Meditation Group of Greater  
Philadelphia (Center City)  
215-381-0398

## New Jersey

- Buddhist Sangha  
of Southern New Jersey  
Cherry Hill 609-953-9215
- Pine Wind Zen Center  
Shamong, NJ 609-268-9151
- Seabrook Buddhist Temple  
(Jodo Shin Shu Buddhism)  
Seabrook 856-451-3422

## Delaware

- Delaware Valley Zen Center  
Newark 302-981-6209

## How to Contact PBA

- Send an email to  
[info@PhilaBuddhist.org](mailto:info@PhilaBuddhist.org)
- Send USPS mail to  
P.O. Box 11728  
Philadelphia, PA 19101

## Guide to Retreat Centers

The following is a listing of some Buddhist centers in the Eastern United States that offer a program of retreats throughout the year. These centers offer a place where scheduled Buddhist teaching from various traditions is given. In addition, many local centers offer day and week-end retreats.

- Bhavana Society Near Washington, DC & PA border  
Rt.1, Box 218-3 High View, WV (304)-856-3241  
<http://www.bhavasociety.org>
- Insight Meditation Society  
1230 Pleasant Street, Barre, MA, 01005 (978)-355-4378  
<http://www.Dharma.org>
- Mt. Equity Zendo  
280 Mt. Equity Road, Pennsdale, PA, 17756  
(717)-546-2784, <http://www.mtequity.org>
- Zen Mountain Monastery  
P.O. Box 197, Mt. Tremper, NY, 12457 (845) 688-2228  
<http://www.mro.org>
- Milarepa Center  
P.O. Box 51, Barnet, VT 05821 (802) 633-4136  
<http://www.milarepacenter.org>

PBA does not charge for any of its activities (other than residence fees at residential retreats). We do incur expenses for rent, newsletters, website, and various other items. If you have found

participation in our activities valuable, please consider sending PBA a tax-deductible contribution. Make checks payable to PBA and send to P.O. Box 11728, Philadelphia, PA 19101.

The Philadelphia Buddhist Association (PBA) is a non-profit corporation registered in the Commonwealth of Pennsylvania. It has provided programs since 1986 to the public for making known the principles and practices of the Buddhist way. PBA represents no

one Buddhist tradition and promotes dialogue with all faiths. All programs are without charge and are financed only by freely given donations. Donations are tax-deductible. PBA's Tax Payer ID #23-240-6607

*A Walk in the Park after a Storm*

Ed Callahan

1.

Much wind and rain last night,  
it sounded like a  
big washing machine out there.

2.

I've got this park to myself,  
red-tails overhead,  
sky's a watercolor by God.

3.

Some of the trees look drunk  
and some of the trees  
look dead drunk.

4.

A big mud puddle  
has it all —  
sky, trees, and a cigarette butt.

5.

Years ago  
I found a quarter  
in a mud puddle.

6.

Good morning the pond —  
I look at the pond and  
the pond looks sideways at me.

7.

The pond is a rich  
mud-color and  
I feel like licking it.

8.

Everybody knows  
there's a universe  
in a drop of pond water

9.

There's a nice  
mallard couple  
in the pond.

10.

And there's the heron!  
it seems to think  
I'm a photographer.

11.

What a leggy bird!  
it lives in a herony  
said to be disgusting

12.

There's a stream  
in full spate in the park,  
it only lacks a mountain.

13.

I like the stream  
as much as  
the ducks and fish do.

14.

The park is bounded  
by a wet-land,  
been meaning to wade in.

15.

This park is my daily mass,  
my girl friend and  
my stamp collection

16.

Maybe some men  
will come and tidy up,  
the park sure needs it.



## Philadelphia Buddhist Association

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email: info@philabuddhist.org

RETURN SERVICE REQUESTED

### Sutra Study with PBA

**Saturday, March 10, 2018:**

The Diamond Sutra

"Diamond Sutra - A New Translation"

Translated by Alex Johnson

<http://diamond-sutra.com> sections 6, 8, 14, 17, 22, 23, 28 and 32

**Saturday, April 14, 2018:**

MN 58. Abhaya Sutta: To Prince Abhaya On Right Speech

Translated by Thanissaro Bhikkhu

<https://www.accesstoinsight.org/tipitaka/mn/mn.058.than.html>

**Saturday, May 12, 2018:**

AN 3.65 Kalama Sutta: To the Kalamas

Translated by Thanissaro Bhikkhu

<https://www.accesstoinsight.org/tipitaka/an/an03/an03.065.than.html>

**Saturday, June 9, 2018:**

MN 21 Kakacupama Sutta: The Simile of the Saw

Translated by Thanissaro Bhikkhu

<https://www.accesstoinsight.org/tipitaka/mn/mn.021x.than.html>

### Where We Meet

#### **Plymouth Meeting Friends**

Every Sunday at 7:30 PM  
second Sunday: lecture and discussion series  
2150 Butler Pike, Plymouth Meeting PA 19462  
(SW Corner of Germantown and Butler Pikes,  
just outside Philadelphia)  
*Wheelchair and handicap access*

#### **Radnor Friends**

Every Wednesday at 7:30 PM  
second Saturday: Sutra study 10AM to 12:00 AM  
610 Conestoga Road, Villanova, PA 19087  
(Sproul Rd (route 320) and Conestoga Road)  
*Limited handicap access*