



Philadelphia Buddhist Association

NEWSLETTER

www.PhilaBuddhist.org

November, 2017

SCHEDULE OF PROGRAMS AND EVENTS

| NOVEMBER | | | | | | | DECEMBER | | | | | | |
|----------|----|----|----------|----|----|-----------|----------|----|----|----------|----|----|-----------|
| | | | R | 2 | 3 | SM | | | | | 1 | 2 | |
| P | 6 | 7 | R | 9 | 10 | S | P | 4 | 5 | R | 7 | 8 | S |
| L | 13 | 14 | R | 16 | 17 | 18 | L | 11 | 12 | R | 14 | 15 | 16 |
| P | 20 | 21 | D | 23 | 24 | 25 | P | 18 | 19 | R | 21 | 22 | 23 |
| P | 27 | 28 | R | 30 | | | P | 25 | 26 | D | 28 | 29 | 30 |
| | | | | | | | P | | | | | | |
| JANUARY | | | | | | | FEBRUARY | | | | | | |
| | 1 | 2 | R | 4 | 5 | 6 | | | | 1 | 2 | 3 | |
| P | 8 | 9 | R | 11 | 12 | S | P | 5 | 6 | R | 8 | 9 | S |
| L | 15 | 16 | R | 18 | 19 | 20 | P | 12 | 13 | R | 15 | 16 | PG |
| P | 22 | 23 | D | 25 | 26 | E | L | 19 | 20 | R | 22 | 23 | 24 |
| P | 29 | 30 | R | | | | P | 26 | 27 | D | | | |

- L** Buddhism Lecture and Discussion Series at Plymouth Meeting Friends 7:30pm to 9:00pm
- P** Sitting meditation at Plymouth Meeting Friends 7:30pm to 9:00pm
- R** Sitting meditation at Radnor Friends 7:30pm to 9:00pm
- D** Open Discussion group about meditation and other Buddhist topics at Radnor Friends 7:30pm to 9:00pm
- S** Sutra Study at Radnor Friends 10am to 12pm. Sitting meditation from 9:30am to 9:50. See p. 4 for details
- SM** Scott McBride retreat at Plymouth Meeting Friends 10:00am to 5:00pm
- E** Intensive silent retreat at Plymouth Meeting Friends 9:00am to 3:30pm
- PG** Day retreat with Pat George at Plymouth Meeting Friends 9:00am to 4:00pm

BUDDHISM LECTURE AND DISCUSSION SERIES

| | |
|-------------|--|
| November 12 | <i>Twenty Years of Meditation - the winding road to direct awakening</i> David Kniffin |
| December 10 | <i>A Buddhist Laugh-In with Stories from Ajahn Brahm</i> Jan Clark-Levenson |
| January 14 | <i>The Life of the Buddha</i> Julianna Lipschitz |
| February 18 | <i>Varieties of Buddhist Healing in Multiethnic Philadelphia</i> Pierce Salguero (Note that this is the 3rd Sunday in February) |

Pat George to Lead Day Retreat
February 17th
Plymouth Meeting Friends
9:00am - 4:00pm



Teachers and students struggle together to realize the Way. The relationship between the two is an important element in Zen practice. What is the role of the teacher?

What is the role of the student? Does everyone need a teacher? How does someone become a teacher in the Zen tradition? Why are there so many stories of spiritual teachers who have failed to live up to the ethical and moral teachings of their practice?

We'll explore these questions through koans, dharma talk, and question and answer periods.

Annual Dana Drive

Buddhist tradition provides a way of cultivating the quality of generosity: the tradition of dana, which encourages contributions of material goods to the support of monks and teachers. In its modern version, it takes the form of financial contributions to support Buddhist organizations like the Philadelphia Buddhist Association. PBA runs solely on contributions and by the kindness of those who give their time and skills to assist others. Your donations not only help PBA's ongoing work to introduce others to the Buddha's Way in its many forms, but it helps maintain our facilities so that we can continue to offer weekly meditation practice in Radnor and Plymouth Meeting, in addition to the retreats offered throughout the year.

As a 501(c)(3) corporation, your generous donations are **entirely tax deductible**, and a Thank-you letter which serves as a receipt will be sent out in January, 2018, before you file your tax return. Donations can now be made by PayPal or credit card on our website www.philabuddhist.org.

ALL ARE WELCOME TO ATTEND ANY OF OUR PROGRAMS OR EVENTS AT NO CHARGE

Local Buddhist Centers and Groups

The following are some of the places in the Philadelphia region where regular Buddhist meditation practice is followed.

Pennsylvania

- Buddhist Sangha of Bucks County
Yardley 215-431-0882
email: bsbc19067@yahoo.com
- Clear Light Meditation Group
Devon 610-293-9133
- Dungkar Ling (Tibetan)
Honeybrook 610-942-2512
- Media Meditation Group
(Shambhala)
Media 610-566-2525
- Peaceful City Sangha (Community
of Mindful Living)
Center City 215-852-4375
- Philadelphia Meditation Center
(Non-Sectarian)
Havertown 610-853-8200
- Philadelphia Soka Gakkai
International-USA
Center City Philadelphia
215-569-2144
- Rainbow LGBTQ Buddhist
Meditation Group
Center City Philadelphia
215-732-2220
- Shambhala Center (Shambhala)
Center City Philadelphia
215-568-6070
- Shikan (Stop & Observe) Zendo
Center City, Philadelphia, PA
Monthly One-Day Silent Retreat
Email: juliannalipschutz@gmail.com
- Soji Zen Center
Lansdowne 917-856-5659
- Springboard Meditation Sangha
W. Mt. Airy, Philadelphia, 19119
info@springboardmeditationsang-
ha.org
- Tibetan Buddhist Center
of Philadelphia
954-956 N Marshal St
www.tibetanbuddhist.org
- Willow Branch Sangha
West Chester 610-388-1257
- Won Buddhism Temple
of Philadelphia
Glenside 215-884-8443
- Zen Center of Philadelphia
West Philadelphia 215-472-2613

- Zen Meditation Group of Greater
Philadelphia (Center City)
215-381-0398

New Jersey

- Buddhist Sangha
of Southern New Jersey
Cherry Hill 609-953-9215
- Pine Wind Zen Center
Shamong, NJ 609-268-9151
- Seabrook Buddhist Temple
(Jodo Shin Shu Buddhism)
Seabrook 856-451-3422

Delaware

- Delaware Valley Zen Center
Newark 302-981-6209

How to Contact PBA

- Send an email to
info@PhilaBuddhist.org
- Send USPS mail to
P.O. Box 11728
Philadelphia, PA 19101

Guide to Retreat Centers

The following is a listing of some Buddhist centers in the Eastern United States that offer a program of retreats throughout the year. These centers offer a place where scheduled Buddhist teaching from various traditions is given. In addition, many local centers offer day and week-end retreats.

- Bhavana Society Near Washington, DC & PA border
Rt.1, Box 218-3 High View, WV (304)-856-3241
<http://www.bhavanasociety.org>
- Insight Meditation Society
1230 Pleasant Street, Barre, MA, 01005 (978)-355-4378
<http://www.Dharma.org>
- Mt. Equity Zendo
280 Mt. Equity Road, Pennsdale, PA, 17756
(717)-546-2784, <http://www.mtequity.org>
- Zen Mountain Monastery
P.O. Box 197, Mt. Tremper, NY, 12457 (845) 688-2228
<http://www.mro.org>
- Milarepa Center
P.O. Box 51, Barnet, VT 05821 (802) 633-4136
<http://www.milarepacenter.org>

PBA does not charge for any of its activities (other than residence fees at residential retreats). We do incur expenses for rent, newsletters, website, and various other items. If you have found

participation in our activities valuable, please consider sending PBA a tax-deductible contribution. Make checks payable to PBA and send to P.O. Box 11728, Philadelphia, PA 19101.

The Philadelphia Buddhist Association (PBA) is a non-profit corporation registered in the Commonwealth of Pennsylvania. It has provided programs since 1986 to the public for making known the principles and practices of the Buddhist way. PBA represents no

one Buddhist tradition and promotes dialogue with all faiths. All programs are without charge and are financed only by freely given donations. Donations are tax-deductible. PBA's Tax Payer ID #23-240-6607

Samsara
by Ed Callahan

I want to stop getting older and have a harem
and travel and smoke opium and live in a hut
in the mountains with a lake and a garden
and be rich and homeless and write great
poetry and be immortal and desireless and
enlightened and have supernatural powers
and know everything and everybody likes
nice things and even thoughts enslave.

The Charm
by Ed Callahan

Oma swa sato hum,
nobody knows the meaning,
does good, say it.
Anon.

Monthly Sutra Study

The Sutras are threads (the literal meaning of the word 'sutra') of the Buddha's teachings that were recorded and authenticated by his 500 disciples after his final Nirvana. In Sutra Study, we read the words of the Buddha, the enlightened one, and apply his teachings to the circumstances of our lives. We read a sutra, sit with the words and examine them ourselves. This is the most direct and intimate way to learn about Buddhism, rather than going through the interpretations of second-hand sources.

We meet in the morning of the second Saturday of every month. We practice sitting meditation for 20 minutes, from 9:30 AM to 9:50 AM, and start the Sutra Study from 10 AM to 12 PM. A link to the monthly reading will be posted below and on our website. We encourage attendees to come prepared to share their understandings, realizations and/or questions of the assigned sutra passage and how it applies to their daily practices and lives.

See page 4 for Sutra study schedule.

**Join PBA in a day long extended
silent retreat**
Saturday, January 27th
9am to 3:30pm
Plymouth Meeting Friends

PBA is offering our 2nd Day-long Intensive Retreat at Plymouth Meeting Friends Meetinghouse. Come for full or half day. All are welcome. This day long silent retreat is intended to create a sacred space where one can deepen their practice, let go of all worries, and just sit to reflect within for one day. As with all PBA retreats, attendance is free of charge. Snacks will not be served so please bring a bag lunch.

Registration is open and required:

Please send an email to retreat@philabuddhist.org and indicate if you will be using a cushion or chair and if you will be joining us for the full day, morning or afternoon. Registration closes at midnight on Monday, January 22.

The schedule will be as follows:

- 9:00-9:25 (Sitting meditation)
- 9:25-9:35 (Walking meditation)
- 9:35-10:00 (Sitting meditation)
- 10:00-10:10 (Walking meditation)
- 10:10-10:35 (Sitting meditation)
- 10:35-10:45 (Break)
- 10:45-11:10 (Sitting meditation)
- 11:10-11:20 (Walking meditation)
- 11:20-11:45 (Sitting meditation)
- 11:45-12:15 (Lunch Break)
- 12:15-12:40 (Sitting meditation)
- 12:40-12:50 (Walking meditation)
- 12:50-01:15 (Sitting meditation)
- 01:15-01:25 (Walking meditation)
- 01:25-01:50 (Sitting meditation)
- 01:50-02:00 (Break)
- 02:00-02:25 (Sitting meditation)
- 02:25-02:35 (Walking meditation)
- 02:35-03:00 (Sitting meditation)
- 03:00-03:30 (Reflection)



Philadelphia Buddhist Association

P.O. Box 11728
Philadelphia, PA 19101
www.PhilaBuddhist.org
email: info@philabuddhist.org

RETURN SERVICE REQUESTED

Sutra Study with PBA

Saturday, November 11, 2017:

“The Lion’s Roar”

Translated by Sister Upalavanna

http://obo.genaud.net/dhamma-vinaya/mnl/an/09_nines/an09.011.upal.mnl.htm.

Saturday, December 9, 2017:

“Kalama Sutta: To the Kalamas”

Translated by Thanissaro Bhikkhu

<https://www.accesstoinsight.org/tipitaka/an/an03/an03.065.than.html>

Saturday, January 13, 2018:

Atthaka Vagga, part 1:

Sn 4.2 Guhatthaka Sutta: The Cave of the Body

Sn 4.3 Dutthathaka Sutta: Corrupted

Sn 4.4 Suddhatthaka Sutta: Pure

Translated by Thanissaro Bhikkhu

<https://www.accesstoinsight.org/tipitaka/kn/snp/index.html#vaggga-4>

Saturday, February 10, 2017:

Atthaka Vagga, Part 2

Sn 4.10 Purabheda Sutta: Before the Break-up of the Body

Sn 4.11 Kalaha-vivada Sutta: Quarrels & Disputes

Translated by Thanissaro Bhikkhu

<https://www.accesstoinsight.org/tipitaka/kn/snp/index.html#vaggga-4>

Pat George Day Retreat

Where:

Plymouth Meeting Friends

When:

Saturday, February 17th

9:00am to 4:00pm

No cost, though free-will dana of \$25 to support the teacher would be appreciated.

Tea and snacks will be served.

There will be an hour lunch break for a brown bag or local restaurants.

Where We Meet

Plymouth Meeting Friends

Every Sunday at 7:30 PM

second Sunday: lecture and discussion series

2150 Butler Pike, Plymouth Meeting PA 19462

(SW Corner of Germantown and Butler Pikes,

just outside Philadelphia)

Wheelchair and handicap access

Radnor Friends

Every Wednesday at 7:30 PM

second Saturday: Sutra study 10AM to 12:00 AM

610 Conestoga Road, Villanova, PA 19087

(Sproul Rd (route 320) and Conestoga Road)

Limited handicap access