

Philadelphia Buddhist Association

NEWSLETTER

www.PhilaBuddhist.org November, 2018

SCHEDULE OF PROGRAMS AND EVENTS

NOVEMBER							DECEMBER						
			1	2	S							S/F	
P 5	6	R	8	9	10	P	3	4	R	6	7	8	
L 12	13	R	15	16	17	L	10	11	R	13	14	15	
P 19	20	R	22	23	24	Р	17	18	R	20	21	22	
P 26	27	D	29	30		P	24	25	D	27	28	29	
						Р	31						
JANUARY						FEBRUARY							
	1	R	3	4	S						1	S	
P 7	8	R	10	11	12	Р	4	5	R	7	8	9	
L 14	15	R	17	18	19	L	11	12	R	14	15	16	
P 21	22	D	24	25	26	Р	18	19	R	21	22	23	
P 28	29	R	31			Р	25	26	D	28			

- Buddhism Lecture and Discussion Series at Plymouth Meeting Friends 7:30pm to 9:00pm
- Sitting meditation at Plymouth Meeting Friends 7:30pm to 9:00pm
- R Sitting meditation at Radnor Friends 7:30pm to 9:00pm
- Open Discussion group about meditation and other Buddhist topics at Radnor Friends 7:30pm to 9:00pm
- Sutra Study at Radnor Friends 10am to 12pm. Sitting medition from 9:30am to 9:50. See p. 4 for details
- Day Retreat with Al Fusho Rapaport Sensei at Plymouth Meeting Friends 9:00am to 4:00pm

BUDDHISM LECTURE AND DISCUSSION SERIES

November 11	The Paradox of Meditation Robert Koller
December 9	Karma and Rebirth Zachary Brown
January 13	The Four Noble Truths David Carpenter
February 10	Topic to be announced David Kniffin

Day Retreat with Sensei Al Fusho Rapaport

The Zen of Rumi

Saturday, December 1, 2018: 9am to 4pm



Although Jelaluddin Rumi died almost 800 years ago he is today the most popular poet in America. In this workshop we will go in depth into selected poems by Rumi, and see just how broad his spiritual experi-

ence and expression are. Through discussion and meditation we'll examine the parallels between Rumi's work and Zen teaching, and how wisdom poetry can inform our meditation and relationships. Bring your favorite Rumi poem for discussion if you have one. See page 4 for details.

Annual Dana Drive

Buddhist tradition provides a way of cultivating the quality of generosity: the tradition of dana, which encourages contributions of material goods to the suport of monks and teachers. In its modern version, it takes the form of financial contributions to support Buddhist orgnizations like the Philadelphia Buddhist Association. PBA runs solely on contributions and by the kindness of those who give their time and skills to assist others. Your donations not only help PBA's ongoing work to introduce others to the Buddha's Way in its many forms, but it helps maintain our facilities so that we can continue to offer weekly medidation practice in Radnor and Plymouth Meeting, in addition to the retreats offered throughout the year.

As a 501(c)(3) corporation, your generous donations are **entirely tax deductable,** and a Thank-you letter which serves as a receipt will be sent out in January, 2018, before you file your tax return. Donations can now be made by PayPal or credit card on our website www.philabuddhist.org.

Local Buddhist Centers and Groups

The following are some of the places in the Philadelphia region where regular Buddhist meditation practice is followed.

Pennsylvania

- Buddhist Sangha of Bucks County Yardley 215-431-0882
 email: bsbc19067@yahoo.com
- ➤ Clear Light Meditation Group Devon 610-293-9133
- Dungkar Ling (Tibetan)Honeybrook 610-942-2512
- Media Meditation Group (Shambhala)
 Media 610-566-2525
- Peaceful City Sangha (Community of Mindful Living)
 Center City 215-852-4375
- Philadelphia Meditation Center (Non-Sectarian)
 Havertown 610-853-8200
- Philadelphia Soka Gakkai International-USA Center City Philadelphia 215-569-2144
- Rainbow LGBTQ Buddhist Meditation Group Center City Philadelphia 215-732-2220

- Shambhala Center (Shambhala)
 Center City Philadelphia
 215-568-6070
- Shikan (Stop & Observe) Zendo Center City, Philadelphia, PA Monthly One-Day Silent Retreat Email: juliannalipschutz@gmail.com
- Soji Zen Center Lansdowne 917-856-5659
- Springboard Meditation Sangha W. Mt.Airy, Philadelphia, 19119 info@springboardmeditationsangha.org
- Tibetan Buddhist Center of Philadelphia 954-956 N Marshal St www.tibetanbuddhist.org
- Willow Branch Sangha West Chester 610-388-1257
- Won Buddhism Temple of Philadelphia Glenside 215-884-8443
- Zen Center of Philadelphia
 West Philadelphia 215-472-2613

 Zen Meditation Group of Greater Philadelphia (Center City) 215-381-0398

New Jersey

- Buddhist Sangha of Southern New Jersey Cherry Hill 609-953-9215
- Pine Wind Zen Center Shamong, NJ 609-268-9151
- Seabrook Buddhist Temple (Jodo Shin Shu Buddhism)
 Seabrook 856-451-3422

Delaware

Delaware Valley Zen Center Newark 302-981-6209

How to Contact PBA

- ➤ Send an email to info@PhilaBuddhist.org
- ➤ Send USPS mail to P.O. Box 11728 Philadelphia, PA 19101

Guide to Retreat Centers

The following is a listing of some Buddhist centers in the Eastern United States that offer a program of retreats throughout the year. These centers offer a place where scheduled Buddhist teaching from various traditions is given. In addition, many local centers offer day and weekend retreats.

- Bhavana Society Near Washington, DC & PA border Rt.1, Box 218-3 High View, WV (304)-856-3241 http://www.bhavanasociety.org
- Insight Meditation Society 1230 Pleasant Street, Barre, MA, 01005 (978)-355-4378 http://www.Dharma.org

- Mt. Equity Zendo 280 Mt. Equity Road, Pennsdale, PA, 17756 (717)-546-2784, http://www.mtequity.org
- Zen Mountain Monastery P.O. Box 197, Mt. Tremper, NY, 12457 (845) 688-2228 http://www.mro.org
- Milarepa Center P.O. Box 51, Barnet, VT 05821 (802) 633-4136 http://www.milarepacenter.org

PBA does not charge for any of its activities (other than residence fees at residential retreats). We do incur expenses for rent, newsletters, website, and various other items. If you have found

participation in our activities valuable, please consider sending PBA a tax-deductible contribution. Make checks payable to PBA and send to P.O. Box 11728, Philadelphia, PA 19101.

The Philadelphia Buddhist Association (PBA) is a non-profit corporation registered in the Commonwealth of Pennsylvania. It has provided programs since 1986 to the public for making known the principles and practices of the Buddhist way. PBA represents no

one Buddhist tradition and promotes dialogue with all faiths. All programs are without charge and are financed only by freely given donations. Donations are tax-deductible. PBA's Tax Payer ID #23-240-6607

Sensi Al Fusho Rapaport to Lead Day Retreat Saturday, December 1, 2018 Plymouth Meeting Friends 9:00am to 4:00pm

Old Age, Sickness, etc... A Poem by Ed Callahan



Sensei Al Rapaport is an authorized Zen Teacher and Zen Dialogue Facilitator who has worked with Rumi's poems for over 3 decades.

He began Zen practice in 1975 with Kozan Kimura Roshi, and also studied with Sasaki Roshi before moving to Zen Center of Los Angeles in 1977. At ZCLA he studied with Maezumi Roshi, Bernie Roshi and Genpo Roshi, and received Dharma Transmission from Shuzen Sensei in 2008.

Sensi Al leads the Open Mind Zen Center in Melbourne, Florida. For moreinformation, you are welcome to contact Sesei Al at (321) 427-3511 or OpenMindZen@aol.com, or visit www.openmindzen.com.

1.
Today's my birthday,
I'm eighty years old,
I should be dead.

2.
Death wouldn't be so bad if only it didn't last so long.

3.
The thing about death —
nobody can experience it,
as has been said.

4.
My last words —
"It has all been very interesting."

5. Or maybe I'll quote Wm. Hazlitt — "Well, I've had a good life."

6.
<u>Completedest</u> is a word
I have coined
for the occasion.

7.
I should have
a few years left
to think of something.

LOOKING FOR VOLUNTEER OPPORTUNITIES?

The Philadelphia Buddhist Association offers various opportunities to become more involved in planning and carrying out PBA programs and events.

Right now there is a need for volunteers to act as monitors at our sitting meditation sessions at Plymouth Meeting and at Radnor. Monitors set up the cushions and altar, keep time, and lead opening and closing dedications. Volunteers will be trained and observe an experienced monitor before being scheduled for a session on their own. All are welcome to attend PBA board meetings to learn more about other volunteer opportunities. To learn more, send us an email to info@PhilaBuddhist.org.

Philadelphia Buddhist Association



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RETURN SERVICE REQUESTED

Sutra Study with PBA

Saturday, November 3, 2018:

MN 1. Mulapariyaya Sutta. The Root of All Things
Translated by Thanissaro Bhikkhu
https://www.accesstoinsight.org/tipitaka/mn/mn.001.than.
html

Saturday, December 2, 2018:

Selections from the following:

MN 14 "The Shorter Discourse on the Mass of Suffering"
MN 36 "The Greater Discourse to Saccaka"
MN 61 "Advice to Rahula at Ambalatthika"
Specific details to be announced

Saturday, January 5, 2019:

AN 4.111:

Kesi Sutta: To Kesi the Horsetrainer Translated by Thanissaro Bhikkhu

https://www.accesstoinsight.org/tipitaka/an/an04/an04.11 1.than.html#kill

Saturday, February 2, 2010:

AN 5.96:

Sutadhara Sutta: One Who Retains What He Has Heard
Translated by Thanissaro Bhikkhu
https://www.accesstoinsight.org/tipitaka/an/an05/an05.09
6.than.html

Day Retreat with Sensei Al Fusho Rapaport

When: Saturday, December 1, 2018 9am to 4pm

Where: Plymouth Meeting Friends

Tea and snacks will be served and there will be a one hour break for lunch, allowing time for local restaurants or brown bag lunch.

No cost, though free-will dana of \$25-\$50 to support the teacher would be appreciated.

Where We Meet

Plymouth Meeting Friends

Every Sunday at 7:30 PM second Sunday: lecture and discussion series 2150 Butler Pike, Plymouth Meeting PA 19462 (SW Corner of Germantown and Butler Pikes, just outside Philadelphia) Wheelchair and handicap access

Radnor Friends

Every Wednesday at 7:30 PM second Saturday: Sutra study 10AM to 12:00 AM 610 Conestoga Road, Villanova, PA 19087 (Sproul Rd (route 320) and Conestoga Road) Limited handicap access